It is without doubt one of the most important moments of the day and that is why we have thought of offering you anything or almost anything you may desire.

Every day for a magic breakfast from 7.30 a.m. until 11 a.m. with a rich buffet with local specialities, a lot of different types of fruit, marmalades and other goodies . . . and if you do not find everything you wish do not forget that we are at your full disposal! Our Executive Chef offers Mediterranean plates with great usage of local ingredients such as basil, olive oil and cherry tomatoes. We wait for you in our Swimming Pool Bar " Teresa" for a pleasant light lunch to keep the balance of the organism from 12 p.m. until 2.30 p.m.... and for dinner from 7,30 p.m. to 8,30 p.m. with a suggestive and magical atmosphere to fulfil the desire for a good and genuine cuisine. Each week the Hotel Terme Villa Teresa hosts a Gala Dinner for its guests with traditional folk music and an evening of dancing.